



64th Annual Block Island Race Friday, May 22, 2009

The Block Island Race is a qualifying race for the Northern Ocean Racing Trophy, the Double Handed Ocean Racing Trophy, the New England Lighthouse Series, the Gulf Stream Series, and a qualifier for the YRA of LIS Spring Series, DeCoursey Fales and Windigo Trophies, and "The Tuna Trophy."

The Storm Trysail Club is the Organizing Authority for the Block Island Race. The Storm Trysail Club thanks the Flag officers and the members of the Stamford Yacht Club for the use of their facilities and their cooperation and hospitality.

SAILING INSTRUCTIONS

1. **RULES:** The Block Island Race shall be governed as follows:
 - A) The race shall be governed by the rules as defined by The Racing Rules of Sailing 2009-2012. The US SAILING Prescriptions to the RRS do not apply, except the prescriptions to rules 61.4, 68, 76.1, 76.3 and Appendix F. Those prescriptions will be available on the Storm Trysail Club website (www.stormtrysail.org). Advertising is allowed in accordance with ISAF Regulation 20. The ISAF Offshore Special Regulations, Category 3 shall apply, except that the life raft need not have a canopy. These regulations are available on the ISAF web site: (www.sailing.org), a copy of which shall be kept aboard while racing. In the event of a conflict between these regulations and applicable class rules, the class rules shall apply. The US SAILING Prescriptions to these regulations do not apply.
 - B) For boats sailing in a double-handed division, the following shall apply:
 - 1) Crew is limited to 2 persons, each of which shall be at least 18 years of age. Parent/child team MAY be permitted by special request.
 - 2) Wind vanes and/or autopilots may be used without penalty.
 - 3) Safety lines (jack lines) leading forward from both sides of the cockpit to the bow, well secured at each end, shall be rigged throughout the race.
 - 3) Competitors sailing in the double-handed division are permitted to utilize radio communications amongst themselves while racing. This changes rule 41.
 - C) The following shall apply for all classes:
 - 1) The Scoring Penalty, rule 44.3 will be used.
 - 2) From sunset to sunrise the following shall be substituted for rule 17:

When two boats are on the same tack within three overall lengths (of the larger boat) of each other, the boat being overtaken shall maintain her proper course. The overtaking boat shall keep clear, and neither boat shall bear away toward, nor luff, the other.
2. **Notices to Competitors:** All notices shall be available on the YachtScoring website (www.yachtscoring.com) and posted on the Notice Board at the Dockhouse at Stamford Yacht Club by 1200 on the day of the race. They shall be incorporated into the Sailing Instructions and shall be considered as having been delivered to each Captain.
3. **Changes to Sailing Instructions:** Changes and/or additions to the Sailing Instructions shall be posted on the Notice Board and shall be available on the YachtScoring website by 1200 on the day of the race.
4. **Signals Made Ashore:**

(a) In the event that changes and/or additions have been made to the Sailing Instructions, International Code Flag "L" will be hoisted on the Shore Station (main flagpole) of the Stamford Yacht Club at least four hours prior to the warning signal. Any such changes **will not** be available on the water. (see SI 2)

(b) In the event weather conditions are such that the race cannot be started at a reasonable hour on Friday, May 22, 2009, the Start will be postponed until Saturday, May 23, 2009 by the display of International Code Pennant "AP" over International Code Flag "A" and two guns. The Warning for the first class will be at 0855.

5. Class Flags: (a) Classes shall be established and signified by numeral pennants and EACH BOAT SHALL CARRY FROM HER BACKSTAY THE APPROPRIATE INTERNATIONAL NUMERAL PENNANT FOR HER CLASS FROM THE TIME OF HER WARNING SIGNAL UNTIL SHE HAS FINISHED THE RACE.

(b) Class assignments will be made by the Race Committee.

6. The Racing Area: (a) The Starting Line shall be between Fl Red BELL "32" (The Cows) off Stamford Harbor, and an orange Flag displayed from a staff on the Committee Boat.

(b) The Starting Area shall extend along the Starting Line and 100 yards westerly thereof.

(c) An Auxiliary Committee Boat may be On Station on an extension northerly of the Starting Line.

(d) Boats not starting shall keep clear of the Starting Area.

(e) The racing area shall be Long Island Sound, Block Island Sound, and the waters around Block Island.

7. The Start: (a) Starting Signals shall be in accordance with rule 26 with classes starting at ten-minute intervals after the first start:

TIME	SIGNAL	SHAPE/FLAG
1355	Warning	Class Flag
1356	Preparatory	P, I, Z, Z over I, or Black Flag
1359		Preparatory removed
1400	Start	Class Flag Removed
1405	Warning	Class Flag
1406	Preparatory	P, I, Z, Z over I, or Black Flag
1409		Preparatory removed
1410	Start	Class Flag removed

-This pattern shall continue until all classes have started

(b) Recalls shall be signaled in accordance with rule 29 and the RC may announce OCS boats over VHF Channel 05. A boat that is OCS and does not restart shall have thirty minutes added to her elapsed time.

8. Courses:

8.1 The course for the Block Island Race shall be from the starting line out to and around Block Island in a CLOCKWISE direction, thence to the Finish:

(1) The following Government Marks shall be considered marks of the course and left to Starboard:

(a) "1 BI" off North Reef, Block Island

(b) Green Can "7" approx. 0.7 mile NNE of Clay Head, Block Island.

(c) Green Can "3" approx. 0.5 mile E of Southeast Light, Block Island.

(d) Green Can "1" approx. 0.4 mile SE of Southeast Light, Block Island.

(e) Red Nun "2" approx. 0.4 mile SSW of Black Rock Point, Block Island.

(f) Red Whistle Buoy "4" approx. 1.0 mile SW of Southwest Point, Block Island.

(g) Fl Red BELL "32" (The Cows)

(h) Red Nun "2"

(2) At the discretion of the Race Committee, a **REVERSE COURSE (code flag "R") may be signaled.** Course "R" shall be from the Start out to and around Block Island in an ANTI-CLOCKWISE direction, thence to the Finish: (f), (e), (d), (c), (b), and (a) as described in 11.1 shall be left to Port, thence (g) and (h) left to Starboard. Should Course "R" be signaled, it will be announced before each Warning Signal.

(3) All other Government Marks may be disregarded at the discretion of the Captain.

8.2 At the discretion of the Race Committee, a **SHORT COURSE (code flag "C") may be signaled.** Course "C" shall be from the Start out to and around Red & White Whistle "PI" (Plum Island) in a CLOCKWISE direction, thence to the Finish. Should Course "C" be signaled, it will be announced before each Warning Signal.

The following Government Marks shall be considered marks of the course and left to Starboard:

(a) Fl Red BELL "32" (The Cows)

- (b) Red Nun "2"
(2) All other Government Marks may be disregarded at the discretion of the Captain.

9. The Finish:

12.1 The Finish Line will be at the Stamford Harbor entrance *between the flashing green beacon on the West breakwater and a staff displaying an orange flag on the Committee Boat* anchored northerly of the East breakwater. If no Committee Boat is on station at the Finish, each boat shall record the time after she crosses a line between the beacons on the East and West breakwaters at the entrance to Stamford Harbor and when the flashing green beacon on the West breakwater bears 260° magnetic. This time, together with her best estimate of the finish times and sail numbers of the boats immediately preceding and following, must be reported to the STC office at 914-834-8857.

12.2 Finishing boats are requested to notify the Race Committee boat on **VHF Channel 05** after rounding Flashing Red Bell "32" (The Cows). If finishing in darkness, to be sure identity has been properly established, each boat shall illuminate her sail numbers and notify the Race Committee on VHF Channel 05.

10. Time Limit: None.

11. Protests & Requests for Redress: A boat protesting another shall display a Protest Flag above her class flag. Upon finishing, she shall notify the RC of her intention to file a protest (this modifies rule 61.1)

- (a) Protests shall be filed in writing and filed at the Dockhouse at the Stamford Yacht Club within four hours of the protestor's finish time or by 0900 for boats finishing between 2200 and 0500.
- (b) The Protest Committee may, at its discretion, award a penalty of less than disqualification for certain infringements of the Rules. This modifies rule 64. 1.
- (c) Protest hearings will be held at the Larchmont Yacht Club at a time to be determined and mutually acceptable to the parties involved.

12. Safety Regulations: In order to ensure that safety requirements are being, or were, met, it is recommended that all boats check in with the Race Committee by sailing in proximity thereto and with storm jib and either double-reefed main or storm trysail flying. All boats are strongly encouraged to follow the STC Safety Guidelines and the Guidelines for Rendering Assistance. These guidelines are available on the Storm Trysail website: (www.stormtrysail.org), a copy of which shall be kept aboard while racing. The Organizing Authority may make random inspections of boats at any time prior to the awarding of prizes.

13. Radio Use: VHF Channel 05 shall be used by the Race Committee. All boats are urged to keep their radios ON during the starting sequence, and should monitor VHF Channel 16 for the duration of the race.

14. Withdrawals: Any boat withdrawing from the race shall break out her ensign and lower her class flag. At the first opportunity she **SHALL** report her withdrawal to the Race Committee on VHF Channel 05 or by telephoning 914-834-8857.

15. Prizes and Reception: A reception and awards gathering is scheduled for 1700 on Sunday, May 24th on the lawn at the Stamford Yacht Club. All skippers, crew and guests are invited. Dress is nice casual, there is no fee. Skippers are requested to advise Stamford YC (203-323-3161) of the number of people they intend to include.

**PLEASE ADDRESS ALL CORRESPONDENCE TO:
THE STORM TRYSAIL CLUB, 1 WOODBINE AVENUE
LARCHMONT, NEW YORK 10538
TEL: 914-834-8857 FAX: 914-834-6484
Email: StormTry@aol.com - Website: <http://Stormtrysail.org>**